

Attention transplant patients:

What you need  
to know  
about your  
**stomach  
upset**



**Stomach upset?**

Talk to your transplant team.



 **NOVARTIS**  
TRANSPLANTATION  
& IMMUNOLOGY

## Are your transplant medications causing stomach upset?

Transplant medications play an extremely important role in keeping you healthy after your transplant. Some medications, however, may cause stomach upset. You may have experienced symptoms such as:

- Diarrhea
- Bloating
- Heartburn
- Nausea
- Stomach pain
- Vomiting

Don't hesitate to ask your doctor or transplant team for more information about your side effects. They are available to answer questions or offer advice about managing any discomfort you may be experiencing.



## Can I manage the side effects of my transplant medications on my own?

If you are experiencing any side effects with your transplant medications, it is very important that you discuss them with someone on your transplant team.

Please remember that even if you have side effects, you should **not** stop taking any of your medications. You should also never skip a dose, change the amount of medication you take, use an over-the-counter medication, or change your dosing schedule without talking to your transplant team.

### *Talk to Your Transplant Team*

